

**Leave a gift for  
generations**



**A guide to leaving a gift in your Will**





## About Age Scotland

**Age Scotland is the Scottish charity for older people. We work to improve the lives of all people over the age of 50 in Scotland.**

Our free helpline, support for older people's groups, promotion of age-friendly and dementia-friendly communities, delivery of wellbeing programmes, and campaigns on behalf of older people all contribute towards positive long-term outcomes for older people across Scotland.

Our mission is to **inspire**, **involve** and **empower** older people in Scotland, and **influence** others, so that people enjoy better later lives.

**We help older people be as well as they can be**

**We tackle loneliness and isolation**

**We promote positive views of ageing and later life**

# Some of the services we provide



## Age Scotland Helpline

Our helpline is a free, confidential phone service for older people, their carers, and families in Scotland.

Our skilled advisers provide information and advice on a range of topics from money matters and benefits entitlements, to social care, housing, energy, and legal issues.



## Friendship Service

Our dedicated Friendship Service makes weekly calls offering friendship and companionship to older people across Scotland who may have no one else to turn to.

We also offer a Community Connecting service, reducing isolation by linking older people with local organisations offering friendship, social activities, health and fitness groups, and events.



## Community Groups

We support over 550 local groups for older people across Scotland, delivering talks, offering information and advice, and connecting them to the support they need.



## Health & wellbeing in later life

We offer a wide range of services and resources to support older people's health, care, and wellbeing. From practical guides, training and activities to boost health and wellbeing to increasing awareness of dementia and supporting carers, we empower older people to age better.

**“We are a lifeline for older people in Scotland and demand for our services is rising.”**

Morna Hunter,  
Helpline Manager



# Improve the lives of older people for generations to come



Each year, **over half of our donated income** comes from generous individuals who kindly leave a gift to Age Scotland in their Will.

Legacies are essential in enabling us to plan for the future. They ensure we're there to support older people through later life, ensuring they receive the care, advice, and friendship they need.

## Age Scotland is the only charity specifically supporting older people across Scotland.

We are part of the Age network of charities, including Age UK, Age NI, and Age Cymru. While we share common goals, we are independent charities operating in separate regions.

Whilst Age UK has UK in its name, their services operate in England.

So, if you're looking to leave a gift that supports older people in Scotland, it's important Age Scotland is named in the Will to ensure that is the case.



**Our regional teams support more than 500 local community groups for older people nationwide.**

# Leaving a gift

A gift left in your Will can help us tackle loneliness and isolation through services like our Friendship Line and our work with local community groups that bring older people together. Your support could also help us provide more health and wellbeing programmes or deliver extra training to support those living with dementia and their families.

**All gifts left to Age Scotland in Wills will be spent delivering our services in Scotland.**

To leave us a gift in your Will, please ensure the Age Scotland name, address and charity number are included as below:

Age Scotland,  
Causewayside House,  
160 Causewayside,  
Edinburgh EH9 1PR

Scottish Charity Number  
SC010100



**Thank you**

# Leave a gift for generations



## Get in touch



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Age Scotland provides a range of services and your gift will go wherever the need is greatest. Age Scotland, part of the Age Network, is an independent charity dedicated to improving the later lives of everyone on the ageing journey, within a charitable company limited by guarantee and registered in Scotland. Registration Number: SC153343 Charity Number: SC010100. Registered Office: Causewayside House, 160 Causewayside, Edinburgh EH9 1PR.

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