

Age Scotland's free information guides help you understand care, benefits, money and legal issues in later life.



Call **0800 12 44 222** for copies or order through our website **www.ageuk.org.uk/scotland**



Age Scotland, part of the Age Network, is an independent charity dedicated to improving the later lives of everyone on the ageing journey, within a charitable company limited by guarantee and registered in Scotland. Registration Number 153343. Charity Number SC010100.